When kidney treatment continues after discharge

Before a move, find out whether more kidney treatment is planned and who will review the next blood test. If dialysis continues, confirm the next appointment and how you will get there.

The kidneys remove waste and extra fluid and help maintain the balance of minerals in the blood. When they stop doing enough of this work, a person may have kidney disease or kidney failure.

Causes and Types of Kidney Conditions:

- Common culprits: Diabetes and high blood pressure.
- Other contributors: Glomerulonephritis, Interstitial nephritis, Polycystic kidney disease, immune system diseases like lupus, and even certain medications or treatments.

Recognizing the Signs: From changes in urine output, nausea, and chest discomfort to severe symptoms signaling kidney failure, understanding the symptoms is crucial.

How to Navigate Kidney Disease & Failure: Early detection and treatment can prevent the progression of kidney disease. Medications, lifestyle changes, and dietary adjustments can be effective. In advanced stages, dialysis or transplantation becomes essential.

Lakeview provides on-site dialysis for appropriate hospital patients with other complex medical needs. Discuss the current dialysis orders, access, schedule and any precautions when planning a referral.

Helpful Resources:

The National Institute of Diabetes and Digestive and Kidney Diseases describes steps to protect kidney function and when to discuss medicines and other risk factors with a clinician. https://www.niddk.nih.gov/health-information/kidney-disease/chronic-kidney-disease-ckd/prevention

Chronic kidney disease — https://medlineplus.gov/chronickidneydisease.html

For an explanation of how chronic kidney disease is diagnosed and monitored, see the National Institute of Diabetes and Digestive and Kidney Diseases guide to kidney tests. https://www.niddk.nih.gov/health-information/kidney-disease/chronic-kidney-disease-ckd/tests-diagnosis

U.S. Kidney Disease Statistics — https://www.niddk.nih.gov/health-information/health-statistics/kidney-disease

Before leaving hospital care, confirm who will manage kidney follow-up, review test results and arrange any continuing dialysis.

Talk with Lakeview

For questions about a possible stay, call Lakeview Admissions at (262) 534-8509. During a stay, ask the bedside nurse who can help with your question.

https://www.lakeviewsystem.com/long-term-acute-care