When inpatient rehabilitation may fit

If illness or injury has changed what you can do, ask which setting can meet both your medical and therapy needs. An inpatient rehabilitation review considers your goals, current abilities and support between sessions.

An injury or illness can change how you move, speak, eat or care for yourself. Rehabilitation helps you work on the abilities you need for daily life. At Lakeview Specialty Hospital and Rehab in Waterford, an inpatient rehabilitation assessment considers whether you can participate in an intensive program, still need medical oversight and nursing, and would benefit from coordinated physical, occupational or speech-language therapy. Tell the referral team what you could do before the illness and what you want to regain.

People considered for inpatient rehabilitation have usually stabilized enough to participate in intensive therapy and still need coordinated medical and nursing care. Many programs provide about three hours of therapy on five days each week, or a different distribution of therapy when clinically appropriate. Ask what schedule the team recommends, what happens between sessions and how changes in tolerance affect the plan.

Lakeview's inpatient rehabilitation hospital reviews a range of conditions and recovery needs, including the following.

Brain Injury Rehabilitation

After a brain injury, a rehabilitation plan might address movement, awareness, communication, self-care, problem-solving and recognizing hazards. Therapists assess what help is needed now and which skills could improve independence at home. Ask about the approaches and credentials relevant to your needs and what family or other caregivers should practice.

Lower Extremity Amputation Rehabilitation

After a lower-limb amputation, rehabilitation can include residual-limb protection and skin checks, positioning, strengthening, balance, transfers and mobility with suitable equipment. Prosthetic fitting and training depend on healing and the clinical plan. Bring details about doorways, steps, bathroom access and work demands so the team can discuss practical changes at home or work.

Spinal Cord Injury Rehabilitation

After a spinal cord injury, rehabilitation may involve eating, bathing, dressing, transfers, wheelchair skills and other daily activities. The person and family can discuss changes in function and what adaptations would support life at home or in the community. The receiving team should review individual medical needs and the assistance available.

Stroke Recovery

After stroke, therapy may focus on movement, communication, swallowing, thinking and self-care, including basic tasks such as dressing, bathing and getting to the bathroom.

Outpatient Services

When a person can live safely outside the hospital but still needs therapy, an outpatient assessment can help identify the next steps. Ask which services match the person's needs, what insurance covers and how to arrange transportation.

For questions about a possible stay, call Lakeview Admissions at (262) 534-8509. During a stay, ask the bedside nurse who can help with your question.

https://www.lakeviewsystem.com/inpatient-rehabilitation

https://www.lakeviewsystem.com/levels-of-care